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TRAINING COURSE: **CAREER WAVE+**



26.04-04.05.2026, BANSKO, BULGARIA

Erasmus+

2025-1-BG01-KA151-YOU-000297982

WHO ARE WE?



Bulgarian Youth Forum is a fast developing NGO in Bulgaria and since 2012 we have been organizing many projects related to youth entrepreneurship and initiative, human rights, preservation of cultural and historical heritage, motivation of people in rural areas etc. Our members are highly trained and experienced youth workers with volunteering background predating the NGO itself.

Our main goal as host organization is to stimulate active participation, exchange of ideas and good practices by encouraging creative thinking. For more information about us, our members and the organization's goals please visit: bulgarianyf.eu

Follow us!



TRAINING COURSE

aim and objectives

Aim

The aim is to equip youth workers and young professionals with the skills to support equal access to the labour market for young people by enhancing their understanding of employability, inclusion, and school-to-work transitions. Particular emphasis is placed on equipping participants with practical tools and methods to support NEET youth, marginalized young people and those with fewer opportunities, with a view to improving employability skills, reducing inequalities, and fostering social and economic inclusion.



Objectives

- To strengthen competences in youth employability, career readiness, and labour market opportunities.
- To enhance mentoring and guidance skills for professional growth.
- To develop methods to promote inclusion and equal access for NEET youth, marginalized young people and those with fewer opportunities.
- To learn strategies to support youth from rural and remote areas in education, training, and employment.
- To strengthen the ability to build networks and partnerships connecting young people with mentors, employers, and communities.



PARTNERS & PARTICIPANTS

PARTNERS

Bulgaria
Albania
Kosovo
Lithuania
Georgia
Ukraine
Poland

AGE

Participants – from 18 years
(highly recommendatory)

PARTICIPANTS PER COUNTRY: 2 PARTICIPANTS;
***BULGARIA: 3 PARTICIPANTS**

Please add your coordinators and approved participants to the **Facebook group**

Application form to be filled in until
15 March, 2025:
Application form

DEADLINE for sending participants` list:
17 March, 2025

PARTICIPANTS` PROFILE:

- are youth workers or young professionals interested in strengthening their understanding of employability, inclusion, and school-to-work transitions, and are eager to develop practical tools to support equal access to the labour market for young people, especially those with fewer opportunities;
- are able to communicate in English;
- are committed to taking active participation in all sessions and to applying the acquired competences in their daily work.

Participants with fewer opportunities are welcomed.



VENUE & ACCOMMODATION



“Royal Bansko”

BANSKO, BLAGOEVGRAD REGION, BULGARIA

We will stay in a hotel in the town of Bansko – “Royal Bansko”. The hotel is fully equipped (rooms are with private bathrooms and WC, air-conditioning, TV and small fridge). Wi-Fi is also available.

Free time activities

We have incorporated free time into the schedule, so you will have time on your own - you can look around. We recommend you to take some comfortable clothes and walking shoes for short walks as there are eco paths and it is a mountainous region.

WHAT TO BRING

- Personal documents - ID or Passport.
- All original travel and visa (if applicable) documents - bus/train tickets, invoices for car pooling, bank payments etc.
- Health insurance / European health card.
- At least one personal computer per group.
- Comfortable clothes/shoes for free time and smart ones for the official visits.
- Flip-flops.
- Cosmetics.
- Any medications that you will need.
- Pocket money in cash or credit/debit card. **Only EUR*** accepted. Please exchange money in advance if needed.
- Traditional food, drink, flag of your country, presentations of your country, traditional music, brochure and other materials about your country.
- Motivation, creativity and excellent mood =)

TRAVEL INFORMATION

GREEN TRAVEL ELIGIBLE!

You are expected to arrive in Bansko on **26th April** and depart from the venue on **04th May**. **Any departures from Sofia on 04 May have to be after 13:30**. There is a possibility for you to extend your stay up to 2 day before or after the mobility days in terms of your travel schedule, however we will not cover any additional costs (accommodation, meals, local transportation, etc.). **Expenses for taxi are NOT eligible**.

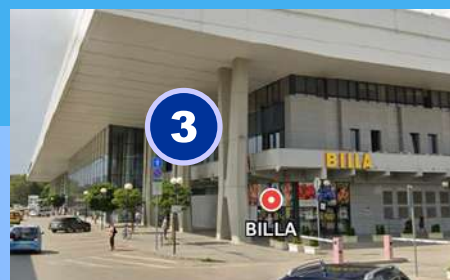
For participants arriving in Sofia, the transportation from Sofia to Bansko will be organised by BYF Team. Our meeting point with all participants will be on 26 April at the parking lot of the Billa supermarket, which is located right next to Sofia Central Railway Station (SCRS) at 16:00. Please consider it when you arrange your travel.

How to reach Sofia Central Railway Station (SCRS) by bus and train (green travel)?

When you travel by international bus to Sofia, it will stop at Serdika International Bus Station (1). Just behind of it you will see the building of SCRS (2) The meeting point is the parking lot of the Billa supermarket(3), located on the right-hand side of the railway station, immediately after the main entrance.

If you arrive by international train to Sofia, the railway stop is Sofia Central Railway Station . When you go out of its building, the supermarket is just on the right-hand side of the railway station, immediately after exiting the main entrance.

From Sofia Airport: If at Terminal 1, take the shuttle to Terminal 2. Find the subway entrance. Take the subway to "Serdika" (25-30 min). Change to Line 2 at "Serdika II" (follow the signs). Take the metro toward "Obelya" and get off at "Central Railway Station" (2 stops).



GREEN TRAVEL BUDGET
PER PAX

STANDARD TRAVEL BUDGET
PER PAX

	GREEN TRAVEL BUDGET PER PAX	STANDARD TRAVEL BUDGET PER PAX
Bulgaria	56 EUR	--
Albania	285 EUR	211 EUR
Kosovo	285 EUR	211 EUR
Lithuania	417 EUR	309 EUR
Georgia	417 EUR	309 EUR
Ukraine	417 EUR	309 EUR
Poland	417 EUR	309 EUR

CONTACT

Information



Tsvetelina Tsvetkova



+359888751407



tsvetieharlin@gmail.com



Sabrina Tsvetanova



+359895947147



sabrinacvetanova1@gmail.com

*WE ARE LOOKING
FORWARD TO
SEEING YOU IN
VARBOVO!*

